

Avera Sports Medicine Educational Updates 2022

Avera Sports Medicine Educational Updates 2/23/2022--Avera Therapy ACL Guideline Update Presented by Alisa Darling, PT, DPT, ATC, SCS and Kristin Boe, PT, DPT, ATC, OCS

Live Activity

2/23/2022 12:00 PM to 2/23/2022 1:00 PM – Virtual (WebEx or Zoom)

Purpose

This series is designed to provide evidence based monthly educational opportunities to sports medicine health care professionals.

Physician Objectives

- 1 Identify evidence based information utilized to provide better care for the patients.
- 1 Describe updates in treatment of ACLs
- 2 Describe testing criteria and timelines
- 3 Describe criteria for full return to sport

Nursing Objectives

- 1 Identify evidence based information utilized to provide better care for the patients.

Outcome

60% of attendees will self-report an increased knowledge of the most updated research and practice methods by the end of the series.

Target Audience

Professions – Physician, Nurse - RN, Athletic Trainer, Nurse - Nurse Practitioner, Physician Assistant, Physical Therapist, Chiropractor, Nurse -LPN/LVN

Specialties – Sports Medicine

Completion Requirements

- Attend entire activity
- Complete evaluation

Accreditation & Credit Designation

Physicians

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Avera designates this educational activity for a maximum of **1.00 AMA PRA Category 1 Credits(s)[™]**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (NCPD)

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **1.00** contact hours can be received upon completion of this education activity. Attendance at the entire educational activity is required to receive contact hours.

Athletic Training

Avera (BOC AP#2910) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 1.0 Category A Hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Disclosure Policy

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of Ineligible Company(s) / Nature of Relationship(s)
Jonathan Buchanan, MD	Content Expert - Committee Member	Nothing to disclose
Kristin Boe, ATC	Faculty	Nothing to disclose
Alisa Darling, DPT, SCS, ATC	Faculty	Nothing to disclose
Dustin Gebur, MEd, ATC	Lead Planner	Nothing to disclose
HANNAH BUUS, RN	Nurse Planner	Nothing to disclose

